

TWAAMC Media Library

The fast-paced changes of the medical field mean keeping up with the latest in health and wellness treatments can be a challenge. At The Wellness and Aesthetics Medical Center, we're simplifying access and enhancing our clients' educations through our new Media Library.



Accessible at <https://www.twaamc.com/media-library.html>, the library includes videos of Dr. Vernon Williams discussing topics from medical weight reduction to hormone optimization and pure lipo. In addition, the media library contains videos on how to live to be 100 and of actress Suzanne Somers discussing the age-defying medical secrets she uses.

TWAAMC also offers an exciting array of new treatment options, including:

Physioage (Age Analysis) Testing: Founded on scientifically based analysis, this system evaluates the biological age of the heart, lungs, skin, brain immunological system and telomere length to establish a baseline understanding of an individual's biological age. This reporting system allows individuals to develop an individualized health profile by tracking how fast they're

aging, establishing indicators of future disease they possess, and identifying the body's weakest system. [Read More](#)



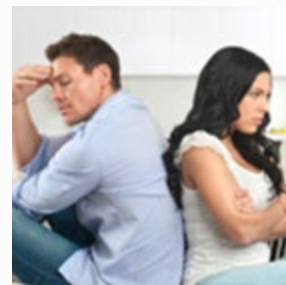
NeuroIntegration (Neurofeedback) Testing: This therapy relies on operant conditioning and provides multisensory brainwave training that disrupts ineffective thinking patterns to improve brain function. A system of continuous feedback retrains the brain to stay within normal activity ranges by reorganizing functional pathways. The type of neurofeedback training we offer is permanent. Neurofeedback helps to improve functions such as **concentration, memory, speech, motor skills, sleep, energy level, emotional balance, and optimizes educational, work, and athletic performance.** [Read More](#)



Urinary Incontinence: The loss of a few drops of urine while laughing or coughing or an inability to resist a sudden urge to urinate does not have to be an evitable part of aging. Whether caused in women from childbirth or menopause, or in women and men from birth defects, neurologic injury or multiple sclerosis, PRP can help rejuvenate weakened nerves and muscles. [Read More](#)

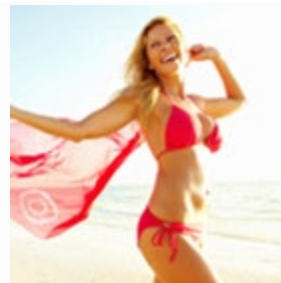


PRP for Erectile Dysfunction: Starting at around age 40, up to about 25 percent of men are unable to achieve and/or sustain an erection 50 percent of the time or more, according to the National Institutes of Health. There are many causes of ED, including low testosterone, tobacco use and obesity. However, for some, regenerative medicine, including PRP, using plasma from your own blood, can repair the problem permanently, possibly saving thousands on prescription medications like Viagra or Cialis.



Woman Orgasm (O-Shot): The National Institute of Health

report up to 50 percent of women experience sexual dissatisfaction due to an inability to reach orgasm. Just as platelet rich plasma (PRP) can be injected into the face to encourage the multiplication of stem cells and the growth of more youthful tissue on the face, the same can be achieved to grow healthier vaginal tissue, enhancing women's sexual enjoyment. [Read More](#)



Pain Management with PRP: Platelet Rich Plasma (PRP) Therapy is an injection treatment that stimulates the growth of new tissue using blood plasma with concentrated platelets. These platelets contain bioactive proteins which are vital to initiating growth and accelerating tissue repair. This new treatment can help regenerate tendon or ligament tears common with sports injuries and heal arthritic degenerative joints.



PRP injections can provide help for all areas of the body including the **cervical, thoracic and lumbar spine, wrists, elbows, shoulders, hips, knees and ankles as well as tendons and ligaments.** The treatment will also help patients with injuries such as **tennis elbow, carpal tunnel syndrome, scoliosis, ACL tears, shin splints, rotator cuff tears, plantar faciitis and iliotibial band syndrome.** [Read More](#)

Aesthetic Enhancement with PRP and Stem Cells: Do you feel like aging has affected your face? Are there parts of your body you wish had a more alluring shape? Have you had a mastectomy which has caused asymmetry?

If you answered yes to any of these questions but are not interested in a face lift or plastic surgery, then cell-assisted autologous fat transfer from The Wellness & Aesthetics Medical Center is for you. Cell-assisted autologous fat transfer is a procedure in which a patient's own body fat is used to augment sunken or thin regions of the face or body in order to add volume where it is desired. [Read More](#)



Laser Skin Tightening and Wrinkle Reduction: SkinTyte is for the fight against aging and gravity. It uses deep dermal heating to reverse the sagginess of aged skin. This procedure is commonly applied to **droopiness under the eyes, jowl and neck, brow lines and nasolabial folds -**

quickly, painlessly, and without any interruption of normal life. With a personalized treatment plan typically consisting of two to three treatments, in little time your skin will lose the sag, appearing tighter and many years younger. [Read More](#)



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Join our 5-step wellness & preventative program

After years of research and training, Dr. Vernon Williams has designed a comprehensive prevention & wellness program. Our objective is to help individuals achieve optimum quality of health and longevity of life by optimizing hormones and nutrition.

[Sign Up Today](#)

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