

Greetings friends and patients!

Hope everyone is enjoying the first days of fall and getting excited for the football season! Now that the kids are back in school, you may have some extra time on your hands-use that extra time during the day to **take care of yourself and treat your body right!**



If your goals this season are to **lose weight** and **detoxify**, visit our website at www.twaamc.com to learn more about our **five-step wellness program**, which helps you shed those pounds safely and naturally and detoxify your body so that maintaining your happy weight becomes easy. **Call us at (210) 338-8228 to inquire about our 5-step program** and let us show you the key elements of **weight loss** and how to keep your body and mind in harmony so that **you can achieve optimal health.**

For those who are looking to **improve their figure** and **find a renewed self image**, TWAAMC offers **Pure Lipo Body Sculpting**, which is an innovative, minimally invasive technique that **sculpts** and **contours** your body into a more **sleek** and **desirable** form by **removing unwanted areas of excess fat from between the skin and muscle**. Following **Pure Lipo**, the patient will be placed on a specialized medically assisted weight reduction diet such as ideal protein, **HCG** or low glycemic diet, and we will monitor your progress as **you watch the pounds fall off!**

Whether your goal is to get fit for an upcoming reunion, **learn how to eat better**, or **detoxify your body and ease your mind naturally**, contact our office at **(210) 338-8228** to hear more about our **5-step wellness program** or any of our **natural weight loss** and **anti-aging solutions**, including **BHRT**, **customized vitamin therapy**, and **skincare solutions** to reverse your skin's signs of aging. We are confident that we can help you lose the weight, feel great, and **look 10 years younger in only a matter**

of weeks!

Til then, go Cowboys!

Join our 5-step wellness & preventative program

After years of research and training, Dr. Vernon Williams has designed a comprehensive prevention & wellness program. Our objective is to help individuals achieve optimum quality of health and longevity of life by optimizing hormones and nutrition.

Sign Up Today

The Wellness & Aesthetics Medical Center
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